



HELENA BAY BREAKFAST MENU





CONTINENTAL BREAKFAST

Our continental breakfast options change daily. For today we are serving the following:

**MARINATED NEW ZEALAND FISH
QUALITY CUTS KINGFISH AND ORA KING SALMON**

**CHEESES AND COLD CUTS
FROM NEW ZEALAND AND ABROAD**

**FRUIT SELECTION
SEASONAL FRESH FRUITS**

**PASTRY & BREAD SELECTION
FRESHLY BAKED DAILY**

**CEREALS AND MUESLI
INCLUDING KETO AND GLUTEN-FREE OPTIONS**

**CAKE OF THE DAY
A SELECTION OF SWEET TREATS**

**SELECTION OF FRESH JUICES
FRUIT AND VEGETABLE COMBINATIONS**





BREAKFAST A LA CARTE MENU

SCRAMBLED EGGS

BRAISED ONION, CRISPY BACON, TRUFFLE AND TOASTED SOURDOUGH BREAD

EGGS BENEDICT

**LAYERED WITH CRISPY BACON OR SMOKED ORA KING SALMON,
SAUTÉED SPINACH AND HOLLANDAISE SAUCE ON A POTATO ROSTI**

OMELETTE

**FRESH SPINACH, SAN MARZANO PASSATA, BASIL CHERRY TOMATO SALAD,
SHAVED PARMESAN**

HELENA BAY 'KIWI' BREAKFAST

**WAGYU TENDERLOIN & SAUSAGES, FREE-RANGE BACON, SAUTEED MUSHROOM,
FLAMED TOMATO, SLOW-COOKED BEANS, HOMEMADE HASH BROWN
AND EGG COOKED YOUR WAY**

COCOA PANCAKES

WITH CHANTILLY CREAM, HAZELNUT PRALINE FONDUE AND CARAMELISED BANANA

SELECTION OF STEAMED AND SAUTÉED VEGETABLES WITH POACHED EGG AND BEETROOT CREAM

HOMEMADE WAFFLES

WITH FRESH FRUIT, VANILLA CINNAMON -INFUSED RICOTTA AND LEMON HONEY CARAMEL

